

Getting Naked With Money: Wealth Isn't About Quantity, It's About Quality

The Naked Millionaire
by Maxine Hyndman

In 2004, consumer debt in North America swelled to \$2.4 trillion, as millions of people struggled under crushing financial debt loads. Many of us never seek the reason behind our troubling relationship with money. In *The Naked Millionaire*, money coach Maxine Hyndman teaches the concept of whealth, the financial wellness that we are all capable of achieving once we evaluate our lives. This book reveals to readers that, "money problems have very little, if anything, to do with money."

To help us reach a state of whealth, *The Naked Millionaire* guides us through a series of exercises that reveal how lifestyle values can impact our finances, either positively or negatively. It teaches that there is much more to money problems than just a lack of money. How we view ourselves emotionally can help us understand our flawed beliefs of financial matters, and once we deal with these misconceptions, we can begin to achieve true financial stability. By recognizing our innovative qualities and focusing our personal efforts, a life of whealth restores self-confidence, a sense of responsibility, and financial control. Once we have rewired our belief system to truly reflect our core values, *The Naked Millionaire* reveals our potential to live healthier, whealthier lives. Our relationship with money no longer needs to be one that robs us of the opportunities to enjoy life. In discovering who we are and how we want to live, managing our financial lives brings us a new sense of personal contentment.

The Naked Millionaire is a book that addresses financial issues in a world obsessed with wealth. It is a book that helps us understand that there is more to life than just money.

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Media Contact: Dara Rowland, Dara Rowland & Associates, 416-916-7377