



The Naked Millionaire

Coaching as intuitive as the skin you live in™

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Hello!

Welcome to a new level of coaching! I wanted to commend you for making a commitment to move forward with decisive steps in remarkable wealth and marketing through coaching. I'm also honoured to serve you as your coach – thank-you!

Inside this Welcome Packet you will find:

- ∞ Coaching Guidelines and Coaching Agreement
- ∞ Your personal information
- ∞ Contemplative questions to get me to know you better and help guide our first session
- ∞ 3 Superb Introductions sheet (a referral sheet to send back to me when you are ready)

Previous clients have found that the contemplative questions take some time, so you may want to spread out your contemplation, doing a little each day over a period of several days. Writing things down in bullets is a good way to get started. Take as much or as little time as you need. By doing this work prior to our initial session you will begin to focus on your current reality and on the future vision of yourself and your business.

I have a few things to ask of you:

- ∞ Please fill out these forms and email or fax them back to me so that I have them 24 hours prior to our first session. Please remember that my time zone is EST.
- ∞ Please have your calendar with you so that we can set up future appointments if you wish.
- ∞ Enjoy this reflective time of preparation!

I'm looking forward to our first session. It's a time that is so exciting because it is full of discovery. In the interim, if you have any questions, don't hesitate to call me at the above number.

My best,

Maxine Hyndman



Coaching Agreement

Coach

1. I agree to serve as your coach – to partner with you to identify your professional goals.
2. As your coach I can not guarantee results. You will create powerful results by having the courage and determination to get out in front of your life through action, attraction and acceptance.
3. During the time we spend together in our coaching sessions, I will devote my time, thoughts and energy to you, exclusively. In between our sessions I may not be readily available, as I will be attending to others including myself.
4. My training is in the area of coaching, not in psychotherapy or medicine, I am not trained in diagnosing psychological or medical conditions. If any issues come up for you that should be handled by a licensed therapist or physician; in care for you I insist that you attend to your health by contacting the appropriate professional.
5. As your coach, I will bring attentive listening, understanding, belief in your potential, and **commitment to your success**. Expect that I will challenge you, offer fresh perspectives, make requests (including assigned homework), acknowledging your wins, and guarantee utmost confidentiality in this powerful and most sacred relationship.



Maxine Hyndman

Date

Client

1. I am motivated and committed to taking action on my determined professional goals. I realize that only my **love, full intent and participation** will lead to my success.
2. I accept full responsibility for myself and any actions I take that might result from coaching.
3. I am committing to a coaching fee of \$90 per session. I agree to pay promptly 24hrs before the next session.
4. I agree not to take any legal action against Maxine Hyndman, based on any matter relating to the coaching relationship or her performance of services within it.
5. I have read and agree with the terms of both documents: The Coaching Guidelines and the Coaching Agreement.

(Client)

Date



Guidelines

Welcome!	I have positive aspirations for our marketing coaching relationship that helps you to create the life YOU want to live. To partner together professionally, I want you to be familiar with the following guidelines.
Terms of Coaching	I invite you to think of coaching as a process. Many people create change for themselves in a short time. However, to refine and sustain change built around your core life values and beliefs takes time.
Fees	My coaching fee is \$90 per session, payable to Maxine Hyndman, and is due 24 hours prior to the next session. Please send to: 49 Bruce Street, Cambridge, ON. N1R 2E2, Canada.
Procedure	You will call at the agreed upon time. If I am out of town at the time of our appointment, I will give you a number to reach me. If you wish to connect with me in between sessions with a challenge, a success, or an inquiry, I welcome it and will make every attempt to respond to you call or email within 24 hours on weekdays.
Changes	If you need to reschedule our appointment, please give me 24 hours notice. Unless there is an emergency, if you do not show up for a scheduled call, we will not make up that time. If I need to reschedule our appointment, I will give you at least 24 hours notice as well.
Challenges	If I ever say or do anything that upsets you or doesn't feel right, please bring it to my attention so that we can resolve it as soon as possible. My objective is to have a coaching relationship that is clean, honest and trusting in our communication approach.



Personal Information

All personal information is confidential and treated appropriately.

Name	
Date of Birth	
Home address	
Home telephone	
E-mail address	
Fax (W/H)	
Occupation	
Work telephone	
Cell phone/pager	
Children Name/Age	
Marital status	
Partner's name	

Please read and fill in the necessary information.

As your coach, it is important for me to understand who you are, what you value, and how you approach life. As such, I've developed this questionnaire with a variety of "contemplative" type questions, designed to advance exploration about what you really want out of life. Please set aside some time to thoroughly consider these questions and then fax (519-740-2029) or email your responses to me prior to our next session. Thanks!

1. I have decided to work with you because...

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2. My primary short-term goals that I want to focus on in the next 90 days are? (Please, also indicate the date by which you would like to achieve each goal.) Make sure you choose **S.P.O.R.T** goals. SPORT stands for: **S**pecific and measurable, **P**resent tense, give you **O**ptions, **R**esonate with your values, **T**imed

Goal 1 _____	Date _____
Goal 2 _____	Date _____
Goal 3 _____	Date _____
Goal 4 _____	Date _____
Goal 5 _____	Date _____
Goal 6 _____	Date _____
Goal 7 _____	Date _____
Goal 8 _____	Date _____
Goal 9 _____	Date _____
Goal 10 _____	Date _____
Goal 11 _____	Date _____
Goal 12 _____	Date _____

3. The long term goal(s) I want to focus on in our coaching is... (Focus on those things you really want, not what you feel you should want!)

4. In order to consider my life well lived, with few or no regrets, I would you like to do or accomplish the following during my lifetime, personally or professionally...

5. I am most passionate about or what makes me the happiest and most fulfilled is...

6. My favourite pastimes are... (at least 3)

7. The things that motivate me or gives me energy? (I.e. deadlines, caffeine, you values, meditation, exercise, nature, status etc.)

8. I consider the following to be my personal and/or professional strengths?



9. 5 things in my personal or professional life, past or present, of which I am most proud are...

10. 5 things in my personal or professional life, past or present, that I find most challenging are...

11. I will know that our coaching has been effective for me because I will have/be/feel/do...

Pre-Coaching Prep Form

Please go over this sheet before each session and ask yourself these questions, the answers will create a structure that guides each session. Preparing for the coaching session will allow you to optimize your results and our time together.

1. How am I today, right now? How has my week been?

2. As I followed my thoughts what was the main dialogue that ran through my mind this week?

3. What do I want to get out of the call this week? What is my focus?



4. What progress have I made towards my immediate goals or primary focus?

5. What action(s) did I take this week to move me toward my goal? What were my wins or challenges?

3 Superb Introductions

My Greater Purpose in life is to bridge the financial divide that threatens to separate the individual from themselves, their dreams and each other. I am here to help you increase your personal currency by removing any blocks that may have built up over the years to wealth and improving your abilities to authentically self promote your business or skills. It is in this way that I help my clients refocus from money to living their life on Purpose which will always bring more wealth than you can imagine. I serve the specific needs that grow from the mind-set of the entrepreneur, small business owner and anyone ready to earn more than just a paycheque.

Please take a minute to jot down three friends that fit the above profile whom you care much about. My experience has shown that such people almost always have a need for greater support in their life, and they appreciate another's concern about their own potential. I look forward to being of continued support in your life and establishing many productive relationships with those people you care most about.

Introducer

Date



Name:	Home Phone:
Occupation:	Work Phone:
Why you think they would appreciate coaching:	

Name:	Home Phone:
Occupation:	Work Phone:
Why you think they would appreciate coaching:	

Name:	Home Phone:
Occupation:	Work Phone:
Why you think they would appreciate coaching:	

